

BEAUTY TEMPLE



BEAUTYTEMPLE.CO.UK

The Essential

O Beautytemple_group

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DOWNLOAD OUR FREE APP TO BOOK OR CALL

0333 313 4003



AHAVEN

INTRODUCING OUR SALONS

Whether you are with us for an express treatment or a luxurious few hours, we will ensure you go away feeling refreshed and comforted.

Housed in beautiful locations, your wellbeing and enjoyment is at the forefront of our concept. Our Castle Donington Retreat is split over four levels, here we have every beauty service you could dream of all under one roof, as well as The Blossom Café for a delicious lunch. You'll also find a café in our Mapperley, Westdale Ln salon. Drinks menus are available at every venue.





PROSECCO NAIL BAR

Sip away at our nail bar, or sit back and soak-off at our pedicure stations, leaving you perfectly polished.

FIND A SALON NEAR YOU

With eight salons in our family we're bringing the Beauty Temple experience to more customers than ever.

NOTTINGHAM CITY
MAPPERLEY HAIR & CAFÉ
WESTDALE LN
MAPPERLEY
WOODBOROUGH RD
WEST BRIDGFORD
THE RETREAT
CASTLE DONINGTON
LOUGHBOROUGH
LINCOLN
STAMFORD

BLOSSOM CAFÉ

CHOOSE FROM OUR HOMEMADE SEASONAL MENU OR INDULGE IN A TASTY TREAT

The perfect spot to catch up over breakfast, a working lunch or just to grab your coffee fix on the go.

You don't need to be visiting the salon to enjoy the delights of our cafés, so pop in and take a seat.

Start your day well with a delicious granola bowl, or if you're feeling hungry build your own breakfast!
Choose from our range of sweet treats; from homemade cakes to loaded waffles, all delightfully decadent you'll be spoilt for choice!

LOCATIONS

THE RETREAT
CASTLE DONINGTON

MAPPERLEY WESTDALE LN





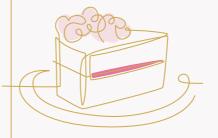
Whether it's a frothy coffee, a wide selection of teas, or a our famous Butterfly Blossom Prosecco cocktail, we've got drinks for every taste.

Why not try our new speciality Pink Hot Chocolate!

TREAT——YOURSELF

AFTERNOON TEA

Our traditional Afternoon tea includes finger sandwiches, fluffy scones with clotted cream and jam, delicious cakes and a selection of tea and coffee.



£18.95 PER PERSON

TRAINING ACADEMY Judy with wa

INTRODUCING OUR TRAINING ACADEMY

Housed in our beautiful heritage status Georgian building at The Retreat, we're introducing the Beauty Temple Training Academy!

An opportunity to train under expert tuition from a team with extensive industry experience, for anyone wanting to start or expand their career in Beauty and Wellness.

After passing your course you'll achieve a recognised insurable qualification and receive a certificate accredited by ABT.



LOVING YOUR

QUALIFICATIONS

All courses are fully accredited and insurable with Associated Beauty Therapists, we've got everything covered and are members of The Guild of Therapy Lecturers.





TO BOOK A COURSE*
OR TO FIND OUT MORE
CALL
0333 313 4003
EMAIL
ACADEMY@BEAUTYTEMPLE.CO.UK

*CASTLE DONINGTON ONLY



THE ROYAL SERVICE Inly the best

LET US TREAT YOU LIKE ROYALTY

Setting a new standard in luxury, The Royal Service isn't simply a salon treatment; it is a complete sensory experience that begins as soon as you walk through the door.

Booking a treatment with The Royal Service ensures your experience with us is as luxurious as possible. Your treatment will be performed in one of our Royal Suites, with incredible heated beds and our signature scent on your pillow. Feel like a true VIP!

THE

ROYAL SERVICE

- Royal foot ritual
- Luxury heated treatment beds
- Our signature infused scent on your pillow and oil used within the treatment
- Royal nibbles
- A complimentary tipple from our drinks menu to finish your treatment



ROYAL SERVICE

HOT STONES RITUAL

Feel the stress and tension leave your body as heated stones are gently placed then massaged over your back, neck and shoulders to encourage relaxation using your choice of signature pure essential oil blends to relax and rebalance. The heat of the stones penetrate the deeper layers of your muscles allowing total relaxation. Finished with a Crowning Facial and Scalp Massage to finish.

£78 / 70 MINUTES

STRAWBERRY & CREAM RITUAL

A luxury treatment starting with a strawberry and cream salt scrub to the back followed by warm oil drizzled onto the body and a full body massage and the application of strawberry body cream. The treatment is topped off with a beautiful facial massage.

£88 / 85 MINUTES



MUSCLE MELT RITUAL

Full body, deep tissue massage using elbows and forearms to create a deeply relaxing treatment. Muscle gel is then applied to release and melt away tension. You are then treated to a relaxing head and scalp massage and pressure point foot massage to finish.

£88 / 85 MINUTES

UPGRADE TO HOT STONES
FOR £5 PER PERSON

THE ROYAL BUMP

A completely relaxing full body massage for Mums-to-be using our safe but effective pre-natal techniques and our award-winning Omega rich oils to relax those specific lower back muscles that are carrying that beautiful bump. Includes a wonderful neck and head massage followed by a Gorgeous Glow mini facial.

AVAILABLE FROM 12 WEEKS OF PREGNANCY £88 / 85 MINUTES

EACH TREATMENT INCLUDES OUR POYAL DEVICE

LUXURY FROM
THE MOMENT
YOU STEP
THROUGH
THE DOOR



THE RED CARPET Experience

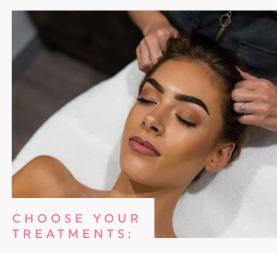
LET US TREAT YOU LIKE ROYALTY

This divine experience is created especially for those in need of some serious pampering from the experts at a remarkable price. Save over 25% on the cost of purchasing the treatments alone and allow us to make you like royal diamonds!

To tailor your Red Carpet experience to you, we have designed a treatment menu to suit everyone. Simply choose your massage, facial and finish off in the Prosecco Nail bar for a Royal Manicure and Pedicure. You can even have just two treatments, making your treatment time 2 hours of bliss!

D BEGIN THE ROYAL SERVICE

- Royal foot ritual
- Heated treatment beds
- Our signature infused scent on your pillow and oil used within the treatment
- Royal nibbles
- A complimentary tipple at our Prosecco Bar to finish your treatment



FIRST CHOOSE YOUR FULL BODY MASSAGE

- Hot stone massage
- Royal deep tissue massage

CHOOSE YOUR FACIAL

- Elemis Pro-Glow Renewal
- Elemis Pro-Glow Resurface
- Flemis Pro-Glow Smooth
- Elemis Pro-Glow Brilliance
- Elemis Pro-Glow Genius Facial

THEN RECEIVE THE FINISHING TOUCHES:

Enjoy a Royal Manicure and Pedicure to complete your Red Carpet treatment!

WHY NOT UPGRADE TO GEL ON THE FINGERS AND TOES FOR £6 EACH

ALL FOUR TREATMENTS £175 / 3 HOURS 20 MINUTES

MASSAGE & FACIAL ONLY £130 / 2 HOURS 10 MINUTES

TIME TO RELAX

ROYAL RELAX MASSAGE

£44/25 MINUTES £54/40 MINUTES £64/55 MINUTES £80/85 MINUTES

BAMBOO MASSAGE

BACK, NECK & SHOULDERS
£49 / 25 MINUTES

FULL BODY MASSAGE
£69 / 55 MINUTES

HOT STONES MASSAGE BACK, NECK & SHOULDERS £49/25 MINUTES FULL BODY MASSAGE £69/55 MINUTES

ELEMIS INTENSELY CLEANSING SALT SCRUB

£45 / 40 MINUTES Choice of lime, ginger, or Frangipani Salt Glow

ELEMIS FRANGIPANI WRAP

£45 / 40 MINUTES

INDIAN HEAD MASSAGE



PREGNANCY MASSAGE

THE ROYAL BUMP (See p6)
£88/85 MINUTES

RELAXING PREGNANCY MASSAGE

£68/55 MINUTES

FACIAL

BEAUTY TEMPLE EXPRESS FACIAL

Using our signature Beauty Temple product range for all skin types

£43 / 25 MINUTES

DERMAPLANING

Dermaplaning can help reduce the appearance of acne scars or other skin imperfections by revealing newer, undamaged skin.

£72 (EXPRESS £52)



ELEMIS

BIOTEC FACIALS

Bespoke Skin Wellness powered by ELEMIS

Products are applied using a combination of ancient and modern massage techniques from around the world, combined with the pioneering innovation of the BIOTEC machine works to switch the skin back on, increasing its natural cellular energy. Technology turbo-charges touch. The clinically proven result? Thriving, visibly healthy and energised skin.

PRO-GLOW RENEWAL FACIAL+

ELEMIS' signature deep cleansing skin wellness facial harnesses the goodness of Prebiotics and antioxidants to deliver a healthy-looking, lit-from-within glow. After just one treatment, skin looks visibly refreshed and rebalanced.

PRO-GLOW RESURFACE+

Super-charged deep cleansing and powerful ultrasonic peel technology eliminate visible pollutants, dirt and impurities for an immediately clearer, brighter complexion. Gently resurfacing, helping to reduce visible dryness and smooth the appearance of fine lines. Dull, uneven, tired-looking skin will appear instantly renewed and stunningly smooth and clear.



ELEMIS PRO GLOW GENIUS+

Harnessing the powerful benefits of all 6 ELEMIS BIOTEC 2.0 technologies, skin will be visibly smoother, more sculpted, and firmer with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation, and skin hydration. An unsurpassed, age-defying facial resulting in a more lifted, radiant youthful appearance after just one treatment.

£89 / 75 MINUTES

PRO-GLOW SMOOTH+

Ultrasonic peeling exfoliates dead skin cells to smooth and prepare the skin for line-fighting microcurrent technology, targeting lines and wrinkles for more radiant, youthful looking skin. Skin will appear more vibrant, with improved feeling of firmness and elasticity.

PRO-BRILLANCE+

Experience our ultrasonic peel technology and brightening enzymes to deep clean and remove visible pollutants, make-up and city grime for happy, healthy skin. Hydrating technology and antioxidant-rich Superfoods will plump and smooth with a super-charged air massage to breathe life into your skin.

PRO-GLOW CRY02 SCULPT+

An ELEMIS first, harnessing the power of sub-zero Cryotherapy, known to tighten. With a triple level approach to skin hydration, reveal a visibly lifted appearance and improve the look of deep-set lines, firmness and elasticity for instant skin-smoothness. An age-defying facial experience like no other, skin feels energised and refreshed.

BIOTEC TREATMENTS £45 / 25 MINUTES £75 / 50 MINUTES





COURSES AVAILABLE

Please contact us to discuss block booking appointments for courses of Flemis treatments



BEAUTIFUL SALONS

ELEMIS PRO-GLOW HANDS ON FACIALS

ELEMIS PRO GLOW RENEWAL

ELEMIS' signature deep cleansing skin wellness facial, showcasing Prebiotics and antioxidant-rich goodness to deliver a healthy-looking, lit-from-within glow. In one treatment, skin looks visibly refreshed and rebalanced.

ELEMIS PRO GLOW RESURFACE

Purify and brighten as skin's texture is transformed. With a spotlight on enlarged pores, blemishes, and blackheads, this unique facial powered by patented Tri-Enzyme technology minimises the look of uneven tone, texture, fine lines, and pigmentation.

ELEMIS PRO GLOW SMOOTH

Powerful resurfacing technology lifts away dead skin cells to smooth, renew and refine, whilst improving the appearance of skin tone and luminosity. Skin is prepped for an infusion of hydration that will double its moisture content, leaving it feeling plump and hydrated, whilst delivering an immediate and visibly tightened effect.

ELEMIS PRO GLOW BRILLIANCE

Turn up the brightness with our triple cleanse, melting away make-up, daily pollutants, and grime. Gentle resurfacing dissolves away dead skin cells to reveal healthy and clearer looking skin. A fusion of Superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect.

£72 / 50 MINUTES

PAMPER IN STYLE Juxury

RELAX IN OUR PROSECCO NAIL BAR

Enjoy our beautiful nail bar with a glass of bubbly as we take care of your hands and feet in style!

Each of our salons features a stunning space for you to indulge in treatments for your hands and feet, with something for everyone!

The Reveal

MANICURES

| ROYAL MANICURE | £36 |
|--------------------------------------|-----|
| BUBBLY MANICURE | £40 |
| BOTTOMLESS BUBBLY MANICURE | £49 |
| ROYAL GEL MANICURE | £42 |
| BUBBLY GEL MANICURE | £46 |
| BOTTOMLESS BUBBLY GEL MANICURE | £55 |

| ROYAL ART GEL MANICURE | £52 |
|-----------------------------------|-----|
| THE PAINT POT FINGERS | £22 |
| THE GEL POT FINGERS | £32 |
| THE NAKED MANICURE | £27 |
| FIT FOR A PRINCESS MANICURE | £17 |
| UNDER 16 | |

File and polish, finished with a mocktail and cupcake

INDIVIDUAL TREATMENTS Perfectly polished



PEDICURES

| ROYAL PEDICURE | £42 |
|--|-----|
| BUBBLY PEDICURE | £46 |
| BOTTOMLESS BUBBLY PEDICURE | £54 |
| ROYAL GEL PEDICURE | £48 |
| ROYAL DELUXE GEL PEDICURE Includes e-file and mask | £54 |
| BUBBLY GEL PEDICURE | £52 |
| BOTTOMLESS BUBBLY GEL PEDICURE | £60 |
| ROYAL ART GEL PEDICURE | £50 |
| THE PAINT POT TOES | £22 |
| THE GEL POT TOES | £32 |

| THE NAKED PEDICURE | £34 |
|---|-----|
| FIT FOR A PRINCESS PEDICURE UNDER 16 | £17 |
| File and polish, finished with a mocktail and cupcake | |



NAIL ENHANCEMENTS

GEL
ENHANCEMENTS £52

ACRYLIC
ENHANCEMENTS £52

SCULPTING

£54

INFILLS

ENHANCEMENTS

GEL INFILLS £40

ACRYLIC INFILLS £40

BUILDER IN A

BOTTLE INFILLS £41

OVERLAY NATURAL NAILS

ACRYLIC OVERLAY £42
HARD GEL
OVERLAY £42

BUILDER IN A BOTTLE £42

NAIL REPAIR (PER NAIL)

NAIL REPAIR £5 SILK WRAPS £5 NAIL EXTENSION TIP £5





NAIL ENHANCEMENT SOAK OFF

HARD GEL/ACRYLIC £15 SOAK OFF

SOFT GEL SOAK OFF £8



We will only soak off work done at our salons.

MANICURE OR PEDICURE ADD ON

PARRAFIN WAX £18

CALLUS PEEL* £24

IBX REPAIR & STRENGTHEN APPLICATON £18

IBX STRENGTHEN APPLICATION £14

* Only to be added on with a pedicure

MAKEUP BAR

THE ULTIMATE MAKEOVER

£39/40 MINUTES

THE ULTIMATE MAKEOVER WITH LASHES

£44 / 55 MINUTES

THE ULTIMATE MAKEUP LESSON

£44 / 55 MINUTES

TEEN/TWEEN MAKEUP £32 / 40 MINUTES (UNDER 16)

Cost of Make up Bar treatments redeemable against 2 or more products.

LASH & BROW TREATMENTS 🕩

DEFINITION BROWS

£36

LASH LIFT

£48

BROW LAMINATION

£38

CLASSIC LASHES

FULL SET £70

LASH INFILL

f. 35

QUICK LASH INFILL

£30



REQUIRED 48 HOURS BEFORE TREATMENT

HYBRID LASHES 🕩

FULL SET £82 / 1 HOUR 25 MINUTES LASH INFILL £45/40 MINUTES

RUSSIAN LASHES

| FULL SET | £86 |
|--------------|-----|
| LASH INFILL | £48 |
| STRIP LASHES | £14 |
| LASH REMOVAL | £15 |

TINTING

| EYELASH TINT | £19 |
|--------------|-----|
| EYEBROW TINT | £14 |
| EYELASH & | |
| EYEBROW TINT | £25 |

| EYEBROW | | |
|----------|------|-----|
| THREAD & | TINT | £20 |

| FAFR | ROW | |
|------|--------|-----|
| WAX | & TINT | £22 |

EYEBROW WAX & TINT & EYELASH TINT f. 34

All tinting and lashes require a patch test.







Beautiful Brows .ashes rofessional



HAIR REMOVAL

BIKINI GODDESS £24
THE G-STRING £29
THE BRAZILIAN £35
THE HOLLYWOOD £37
FULL LEG WAX £38
3/4 LEG WAX £32
HALF LEG WAX £28
UNDER ARM WAX £17
FULL ARM WAX £25
HALF ARM WAX £25
HALF ARM WAX £20
LIP OR CHIN WAX £15
LIP & CHIN WAX £20
FULL FACE WAX £28
EYEBROW WAX £15

Combine a leg and bikini wax and get 20% off the total price.

THREADING

EYEBROW
THEADING £15
FACIAL HAIR
(ONE AREA) £15
FACIAL HAIR
(TWO AREAS) £22
FACIAL HAIR
(THREE AREAS) £28

TANNING

FULL BODY MANUAL TAN APPLICATION £35

EAR PIERCING

FROM £35

MEN'S TREATMENTS

EYEBROW GROOM & TRIM £15 NOSE & EARLOBES £15 UPPER CHEST WAX £20 FULL CHEST WAX £30 **UPPER BACK &** SHOULDER WAX £20 FULL BACK & SHOULDER WAX £30 ROYAL RELAX MASSAGE £44/25 MINUTES £54 / 40 MINUTES £64/55 MINUTES £80 / 85 MINUTES CUT THROAT SHAVE £42/40 MINUTES CUT THROAT SHAVE & FACIAL £52/55 MINUTES FIT FOR A KING PEDICURE £34/25 MINUTES PINT & PEDICURE £37/25 MINUTES

BLOW DRY

HAIR SERVICES

ULTIMATE BLOW OUT-HAIR, MAKEUP & PAINT POT

£85/1 HOUR 55 MINUTES

ROYAL BLOW DRY FROM £35

BUBBLY BLOW DRY FROM £39

BOTTOMLESS BUBBLY BLOW DRY FROM £46

ROYAL OLAPLEX BLOW DRY

FROM £40

BOUNCY BLOW DRY (WITH BRUSHES)

FROM £42

TAKEAWAY BLOW DRY

FROM £32 / PINS FROM £42 LEAVE IN ROLLERS

HAIR UP £35

BRAIDS

FROM £19 / 15 MINUTES FROM £27/25 MINUTES

HAIR CURL £18 / 15 MINUTES

CUT & BLOW DRY FROM £45 WET CUT FROM £34

DRY CUT FROM £25

MEN'S CUT FROM £28 CHILDREN'S CUT & BLOW DRY FROM £27 CHILDREN'S DRY TRIM FROM £22

Please Note: Hair services are not available

COLOUR SERVICES

FULL HEAD TINT FROM £50 ROOT TINT FROM £42 FULL HEAD HIGHLIGHTS FROM £70 HALF HEAD HIGHLIGHTS FROM £60 PARTING HIGHLIGHT FROM £45 OMBRE/BALAYAGE FROM £80 TONER FROM £20



All colour services require a patch test.

Please Note: Colour services



BRIDAL BOOKINGS

Please enquire direct with the Salon.

PARTY PACKAGES

Minimum 4 guests - please enquire directly with the Salon.