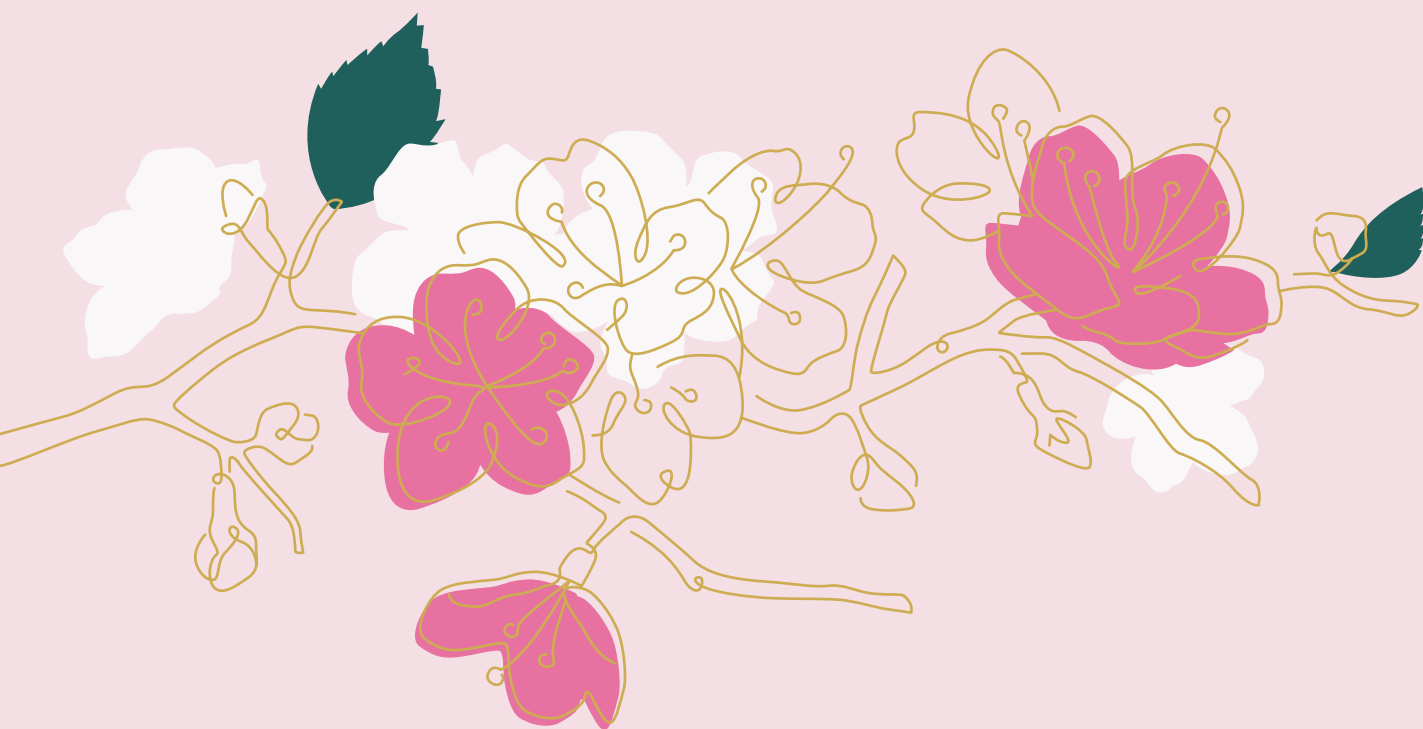


BLOSSOM CAFÉ

MENU

Let's eat

OPEN 7 DAYS



BEAUTY TEMPLE
THE RETREAT

BREAKFAST

Sunny side up

SERVED BETWEEN
9AM-11:30AM

YOUR WAKE UP CALL

SMASH IT UP £7.50

Smashed avocado | Chilli | Poached eggs **V**
Slice of toast | Add bacon £1.50

EGGS BENEDICT £8.50

Toasted muffin | Smoked Bacon | Poached
or Scrambled Egg | Hollandaise Sauce

VEGAN BENEDICT £7.50 **VG**

Toasted muffin | Smashed avocado
Mushrooms | Vegan mozzarella | Chilli flakes

EGGS ROYALE £8.50

Toasted muffin | Smoked salmon | Poached
or Scrambled egg | Hollandaise sauce

TRIPLE STACKED PANCAKES £7.50

Please choose two toppings from:

Mixed berries | Banana | Maple syrup | Smoked
bacon | Chocolate drizzle | Fruit compote

BACON BUTTY £5.00

GRANOLA BOWL £5.00 **V**

Natural yoghurt | Granola mix | Mixed berries

TOAST £2.95

With a choice of preserves

PASTRIES

Our selection of fresh pastries
changes daily, so please ask

GLUTEN & DAIRY FREE
OPTIONS AVAILABLE

BOTTOMLESS BUBBLY BRUNCH £28.00

Enjoy a granola bowl followed
by any breakfast option,
to include 1 hour 20 minutes
of unlimited bubbly*

*Bubbly will be served one glass
at a time. 1 hour 20 minutes starts
from your booking time.

PRE-BOOKING REQUIRED

LUNCH

Delicious dishes

SERVED BETWEEN 12PM-4PM

WRAPS OR CIABATTA

CHICKEN CLUB £7.50

Roast chicken | Smoked bacon | Cheese
Lettuce | Tomato | Mayonnaise

VEGAN CLUB £6.50 **VG**

Avocado | Mushroom | Red onion
Mozzarella | Chilli flakes

FISH FINGERS £5.50

Mixed leaves | Mayonnaise

VEGAN OPTION AVAILABLE

GLUTEN & DAIRY FREE
OPTIONS AVAILABLE

BURRITO BOWLS

Our healthy burrito bowls are full of fresh,
local vegetables, perfect for a filling lunch.

SUPERFOOD BURRITO BOWL **VG** £7.00

Black beans | Spiced rice | Avocado
Crunchy slaw | Mixed leaves | Tomato | Salsa

ADD FETA & QUINOA FOR £1.00

ADD ROASTED CHICKEN FOR £1.50

GLUTEN & DAIRY FREE
OPTIONS AVAILABLE

ITALIAN PIZZA BASE £7.00

Delicious pizza with a cheddar
and mozzarella base, served with
a salad garnish and chunky slaw.

CHOOSE FROM

Pesto, mozzarella
& sundried tomato
Chorizo, red pepper & feta
Serrano ham & mozzarella

GLUTEN, DAIRY FREE &
VEGAN OPTIONS AVAILABLE

FOOD FOR THOUGHT

At The Retreat we cater for everyone, so
please ask a member of our team should
you have any dietary requirements.

V VEGETARIAN **VG** VEGAN

ALLERGIES & INTOLERANCES

Please speak to a member of our team
about the ingredients on our menu.

TRADITIONAL AFTERNOON TEA

Indulge with us

SERVED FROM 12PM-4PM
PRE-BOOKING REQUIRED

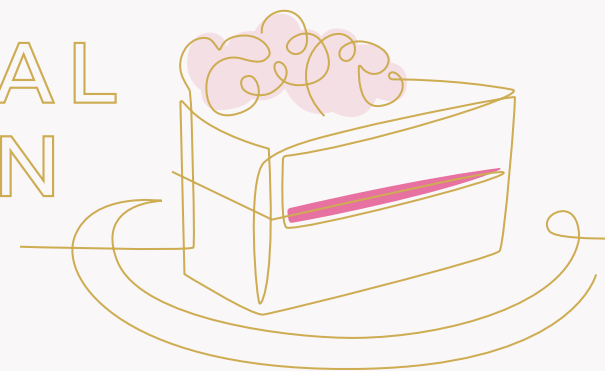
Afternoon Tea is a long standing English
tradition and the perfect treat to be
enjoyed in our Blossom Café.

Our Butterfly Afternoon Tea includes a
selection of sandwiches and savoury treats
alongside delicious cakes, pastries and
traditional scones served with jam and
clotted cream.

AFTERNOON TEA £16.95*

Includes Tea, Herbal Tea
or Americano Coffee.

*Prices are per person, minimum of two people.



BUBBLY AFTERNOON TEA £25*

Includes 2 glasses of bubbly per person.

GLUTEN & DAIRY FREE OPTIONS AVAILABLE

Fancy Bottomless Bubbles?

Upgrade for only £10 to get
unlimited* bubbly for 1 hour
20 minutes.

*Bubbly will be served 1 glass at
a time, 1 hour 20 minutes starts
from your booking time.

KIDS

UP TO 12 YEARS

FEEDING THEIR HUNGER

£4.00 EACH

Includes a soft drink.

HAM & CHEESE TOASTIE

FISH FINGER SANDWICH

ITALIAN BASE PIZZA

Choose from a delicious 3 cheese
pizza or a cheese and chorizo topping

CHILDREN'S AFTERNOON TEA £10.00

Selection of finger sandwiches,
savory treats and delicious cakes
served with a soft drink

GLUTEN FREE
OPTIONS
AVAILABLE



CRÊPES & WAFFLES

SERVED BETWEEN 12PM-4PM

DECADENT & DELIGHTFUL

Big American style waffles or hot £5.00 EACH
fresh pancakes filled with goodies.

Choose between the two and then make it your
own by choosing options from the lists below:

CHOOSE 2 TOPPINGS:

Banana | Strawberries | Mixed berries
Milk chocolate hazelnut spread | Biscoff spread
Brownie chunks | Mini marshmallows
Chopped nuts

CHOOSE YOUR DRIZZLE:

Chocolate | Toffee | Maple syrup
Strawberry | Fruit compote

ADD A SCOOP OF:

Vanilla ice cream | Strawberry ice cream
Mango sorbet | Lemon sorbet

EXTRA TOPPINGS 60P EACH

GLUTEN FREE WAFFLES AVAILABLE

TAPAS

Small plates

PRE-BOOKING ONLY, CHOICES
REQUIRED 24 HOURS PRIOR

TASTY TAPAS £15

3 delicious small plates from the options
below, served with ciabatta bread

TIPSY TAPAS £25

Includes 3 delicious small plates,
ciabatta bread and 2 cocktails or glasses
of bubbly from our select menu

TAPAS CHOICES

Olives with sundried tomatoes **VG**

Selection of spanish cured meats

Feta stuffed peppers **V**

Hummus, served
with flatbread slices **VG**

Sticky sesame chicken

Cod tacos topped with shredded
lettuce, red onion and mayonnaise

Meatballs cooked in spicy mexican salsa

Halloumi fries with a sweet chilli **V**
dipping sauce

Superfood salad **VG**

Pesto, mozzarella **V**
and sundried
tomato flatbread
pizza

GLUTEN & DAIRY FREE
OPTIONS AVAILABLE

SWEET TREATS

Heavenly

SHOWSTOPPERS £4.95

STICKY TOFFEE PUDDING

Smothered with butterscotch sauce,
the ultimate comfort.

APPLE CRUMBLE

A classic for good reason, a warming
combination of fruit and a buttery
crumbling top.

WARM CHOCOLATE FUDGE CAKE

Warming and decadent, the chocolate
lovers choice.

CHOCOLATE BROWNIE **VG GF**

The perfect combination of a crispy
top and a gooey centre that melts
in your mouth.

GLUTEN, DAIRY FREE &
VEGAN OPTIONS AVAILABLE

Tipsy Tapas, fancy Bottomless Bubbles?

Upgrade for only £10 to
get unlimited* cocktails or
bubbly for 1 hour 20 minutes

*Cocktails or bubbly will be served
one glass at a time. Cocktails can
be chosen from our select menu.

THE SOCIAL SPACE

Get together

PLANNING AN EVENT? BOOK
OUR SPACE FOR THAT SPECIAL
OCCASION, OR JUST TO
CREATE THAT WOW FACTOR,
PRIVACY GUARANTEED

NEED A SPACE? WE'VE GOT THE PERFECT PLACE

A multifunctional area, The Social Space
will host Workshops, Training Sessions,
Yoga and Special Events.

If you would like to book the space for
a celebration, hen party, work event, or
just to impress, contact us on the email
address below or call The Retreat to discuss
your requirements. We'll cater for your every
need, with our full menu of food and drink
available.

retreat@beautytemple.co.uk

0333 313 4003